

Throws	Morning Session	Lunch	Afternoon
<b>Shot Put</b>	(9:00am -11:00am)	(12:00pm-2:00pm)	(2pm-4pm)
Friday, Jan 30th	X	X	X(Wt. Room)
Saturday, Jan 31st		X	
Sunday, Feb 1st			
<b>Discus</b>			
Friday, Jan 30th	X		
Saturday, Jan 31st	X		
Sunday, Feb 1st	X		
<b>Javelin</b>			
Friday, Jan 30th	X		X
Saturday, Jan 31st	X		X(Wt. Room)
Sunday, Feb 1st	X		
<b>Hammer/Weight</b>			
Friday, Jan 30th		X	
Saturday, Jan 31st			
Sunday, Feb 1st			